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**Brandi Varnell, RN**

**Health Science & Sports Medicine Instructor/ HOSA Advisor**

**Sultan High School -1000 Turk Drive**

**Sultan WA, 98294**

3/22/2024

Dear Sultan Education Foundation:

My name is Brandi Varnell, RN and I am writing to you with professional and academic recommendation for applicant Jackaline (Jackie) Quevedo and her application for Sultan Education Foundation Scholarship. Jackie began taking my health science classes at Sultan High School when she was a freshman. She continued through the health science track at SHS and has a goal to become a Registered Nurse after high school. She has been actively involved in a progressively rigorous health science course of study from her freshman year to her senior year at SHS. She prides herself on high academic marks and consistently performs at the top of her class.

Over the years I have known Jackie I have had the pleasure of watching her develop into a true young professional. She is kind, open-minded and shows a willingness to understand others, and create a seat at the table for all students. Jackie is an active listener and has the capacity to listen effectively and empathetically. She expresses herself clearly and articulates ideas concisely to facilitate communication in all contexts. She is empathetic, compassionate, and genuinely concerned about the well-being of the people she cares for and the members of teams she works with. She is a well-rounded student who is active in performing arts, Sports Medicine, and excels academically earning excellence awards in Chemistry, Personal Finance, US History and has a earned Varsity letter in Women’s Golf at SHS.

Jackie has represented Sultan High School at the State level and in competition with HOSA for three years running. She has placed 4th in Sports Medicine in 2022, has been a member of the SHS State Championship Anatomy Team in 2022, placed 3rd in the 2024 State Anatomy Competition, and also placed 4th with a group of students who competed in a targeted Health Education outreach aimed at reducing the incidence of middle school nicotine and vape users. She has been instrumental in making SHS Community Blood Typing Days and connected Community Blood Drives successful and has been an active participant in developing and executing a family education night to share the dangers, short- and long-term effects of vaping and educate the community on the facts about nicotine addiction.

Jackie possesses a unique combination of academic excellence, strong interpersonal skills, and a commitment to making a difference in the future of healthcare. I enthusiastically recommend her for scholarship. She shows the qualities of a true future leader—and leads with a service focused heart. I know, without a doubt she will make an exemplary student at the post-secondary institution she chooses for her career education and training. Please consider her application with my wholehearted recommendation. Feel free to reach out to me with any questions at all. My contact information is listed below.

Sincerely,

Brandi Varnell, RN

Brandi Varnell, RN

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